



Shri Shivaji Education Society Amravati's
Shri Shivaji Science and Arts College, Chikhli Dist. Buldana

Department of Physical Education & Sports

**“Azadi ka Amrut Mahotsav”
MASS SURYANAMASKAR EVENT**

Action Taken Report 2022

Introduction

Azadi Ka Amrut Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. The official journey of Azadi ka Amrut Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.

Activity: Yoga and Meditation Camp on

“Azadi Ka Amrut Mahotsav” MASS SURYANAMASKAR EVENT

Aim: To aware about benefits of Suryanamaskar to teachers and students,

To aware society about Azadi Ka Amrut Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

Notice: Leaflet is attached with this action taken report

Date: 17th & 18th February, 2022

Organizer: Principal Dr. O. S. Deshmukh

Convener: Prof. Sachin J. Kokode

Number of Participants: 75

Actions Taken:

Department of Physical Education & Sports, Shri Shivaji Science and Arts College Chikhli, organized Workshop on dated 17th & 18th February, 2022 entitled, “**Azadi Ka Amrut Mahotsav**” MASS SURYANAMASKAR EVEN for college teachers, staff, students and society. Yoga and Meditation camp starts on 6:00 am. With step by step guide for performing Suryanamaskar by trainer S J. Kokode on **Azadi Ka Amrut Mahotsav MASS SURYANAMASKAR EVENT** is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.




Shri Shivaji Education Society Amravati's
SHRI SHIVAJI SCIENCE AND ARTS COLLEGE
CHIKHLI, DIST. BULDANA
 NAAC Reaccredited with 'B++' Grade (CGPA 2.82)
 ISO: 9001-2015



Organized By
 DEPARTMENT OF PHYSICAL EDUCATION & SPORTS



Azadi ka Amrut Mahotsav
Mass Suryanamaskar Event
17th to 18th FEBRUARY 2022






Azadi ka Amrut Mahotsav
MASS SURYANAMSHKAR EVENT
17 FEBRUARY 2022
Venue: Khule Rang Manch, SSSAC
Time: 6.00 am






Our Patrons



Hon'ble Shri Harshvardhan P. Deshmukh
President
 Shri Shivaji Education Society, Amravati

Organizers



Prof. Sachin J. Kokode
 Director of Physical Education



Prof. Dr. Omraj S. Deshmukh
 Principal

Date	Time	Topic	Trainer
17-02-2022	6.00 am	Suryanamaskar	Mr. Sachin Kokode
18-02-2022	6.00 am	Suryanamaskar	Mr. Sachin Kokode

STEP BY STEP GUIDE FOR PERFORMING SURYANAMASKAR



Notice

सूचना

योगाभ्यास व ध्यान

गुरुवार दि. 17th to 18th feb.22

.... महाविद्यालयातील सर्व शिक्षक व शिक्षकेतर कर्मचारी बंधु भगिनींना सुचित करण्यात येते की.... आपल्या महाविद्यालयात दिनांक 17 व 18/02/2022 रोज गुरुवार आणि शुक्रवारला सकाळी..6.00 वाजता " योगाभ्यास ..व.. ध्यान " अंतर्गत " आझादी का अमृत महोत्सव Mass Suryanamaskar event" कार्यक्रमाचे आयोजन करण्यात येणार आहे..

या कार्यक्रमास सर्वांनी उपस्थित राहावे.

टीप : सोबत योगा मॅट आणावे.....

महाविद्यालयाचा खुला रंगमंच

गुरुवार ,दिनांक. 17 व 18 फेब्रुवारी 2022

वेळ...

सकाळी..6 ते 7

आयोजक...

प्रा.सचिन कोकोडे

संचालक

शारीरिक व क्रिडा विभाग

आदेशानुसार

.....

प्राचार्य

(डॉ.ओ.एस.देशमुख)

5:16 PM

Glimpses

Mass Suryanamaskar Event



Participants performing “Tadasana”



Participants performing “Tadasana”

Department of Physical Education & Sports

LIST OF PARTICIPANT

Name of the Programme: Azadi ka Amrut Mahotsav

Mass Suryanamaskar Event

Date: **21st June 2022**

Sr.	Name of Student	Class	Mobile Number
1.	Shivani Vilas Wavare	B. Sc. III	9763990819
2.	Harish Dilip Jadhao	B. Sc. II	9975355904
3.	Jay Pradeep Chunawale	B. Sc. II	8793224969
4.	Jaya Dipak Suradkar	B. Sc. II	8551061086
5.	Jaya Vishwanath Tupkar	B. Sc. II	9822951561
6.	Karan Eknath Jadhav	B. Sc. II	9764593171
7.	Komal Eknath Karhade	B. Sc. II	8552896217
8.	Laxmi Raju Adhao	B. Sc. II	7021568644
9.	Mangal Gajanan Dukare	B. Sc. II	8888468102
10.	Mangesh Dharma Gade	B. Sc. II	9096889036
11.	Habib Rahim Sayyed	B. Sc. II	9130144731
12.	Ashwini P. Shinde	B. A. II	9689332479
13.	Ashwini Shivaji Shinde	B. A. II	9011710504
14.	Avinash Devrao Kharat	B. A. II	8605669308
15.	Jayashri N. Gadhave	B. A. II	9921897583
16.	Jietndra Prakash Nikalje	B. A. II	7709099017
17.	Jitendra Ajaysinh Thakur	B. A. II	9158350072
18.	Jitesh Nivrutti Deshmane	B. A. II	9146136485
19.	Kiran Arun Jadhao	B. A. II	9112123227
20.	Kiran Dinkar Galat	B. A. II	7057031591
21.	Kiran Gautam Ghevande	B. A. II	7218133074
22.	Kiran S. Gawargur	B. A. II	7038839390
23.	Kirti Dilip Bedarkar	B. A. II	9657290203

24.	Kishor Ashok Gadekar	B. A. II	7741844471
25.	Kishor Sukhadeo Jadhao	B. A. II	7219557825
26.	Komal Gajanan Ingle	B. A. II	8605283539
27.	Komal S. Jadhav	B. A. II	7350105472
28.	Komal. Wankhede	B. A. II	7741831168
29.	Laxmi Suresh Kare	B. A. II	9850888410
30.	Madhav Arjun Lande	B. A. II	7218891490
31.	Mangesh Ravindra Tayde	B. A. II	7066834421
32.	Rushikesh Vilas Gaikwad	B. Sc. I	8698474062
33.	Sadaf Shafiq Sheikh	B. Sc. II	7774071018
34.	Samiksha S. Wankhede	B. Sc. II	7350365679
35.	Sandesh Gajanan More	B. Sc. II	7057782797
36.	Sandip Arun Jadhao	B. Sc. II	8554047213
37.	Sanmati Santosh Satpute	B. Sc. II	7058548694
38.	Sarita Shrikrishna Dapke	B. Sc. II	9689059221
39.	Saurabh S. Tamboli	B. Sc. II	7038218535
40.	Savita Panjabrao Lanke	B. Sc. II	7038973406
41.	Ashvini Punjaji Kanhe	B. Sc. II	8698004222
42.	Ashwini D. Khandagale	B. Sc. II	9764617261
43.	Chhaya G. Chinchole	B. Sc. II	9767823199
44.	Deepak Pramod Kale	B. Sc. II	7887720882
45.	Devashri Shridhar Thoke	B. Sc. II	9067718934
46.	Diksha Milind Jadhao	B. Sc. II	7038382251
47.	Dinesh Vishwas Pawar	B. Sc. II	9325126664
48.	Dipali J. Jaybhaye	B. Sc. II	9730163417
49.	Ganesh Bajirao Tale	B. Sc. II	8888482740
50.	Ganesh Devidas Misal	B. Sc. II	8788100709
51.	Ganeshsing I. rajput	B. Sc. II	9421148836
52.	Gaurav Jivan Chinchole	B. Sc. II	8412841315

53.	Gayatree Rajiv Patil	B. Sc. III	9922756061
54.	Gopal J. Mosambe	B. Sc. III	8390364991
55.	Harshada Kaduba Ghule	B. Sc. III	7768947454
56.	Irfan Mukhtar Shaikh	B. Sc. III	9850408632
57.	Jaya Shivnarayan Pawar	B. Sc. III	9922822007
58.	Kalyani Rajesh Halkare	B. Sc. III	9370695387
59.	Sushma Pradip Bambal	B. Sc. II	9975832238
60.	Swati Dilip Dhole	B. Sc. II	9527153776
61.	Tejal Aniruddha Khandagale	B. Sc. II	9322138465
62.	Tejas Gajanan Gaykwad	B. Sc. II	9309831426
63.	Trupti Keshav Nikas	B. Sc. II	9373132174
64.	Tushar Baliram Sapkal	B. Sc. II	9307596845
65.	Vaidehi Rajesh Zalte	B. Sc. II	8669616754
66.	Vaishnavi Gajanan Ingle	B. Sc. II	9359374840
67.	Vaishnavi Gajanan Padghan	B. Sc. II	8956904877
68.	Vaishnavi Gajanan Shelke	B. Sc. II	9075101049
69.	Vaishnavi Ramesh Hadole	B. Sc. II	9579067407
70.	Vaishnavi Shivdas Atole	B. Sc. II	9527630755
71.	Vaishnavi Sunil Dhundale	B. Sc. II	9146833123
72.	Vedant Keshav Khandagale	B. Sc. II	8180891440
73.	Vedika Jitendra Deshmukh	B. Sc. II	8668966484
74.	Vedika Rajendra Ambhore	B. Sc. II	8805609296
75.	Vikas Madhav Panchal	B. Sc. II	9130879376

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